COVID-19 Information from the Rice Student Association and Graduate Student Association

COVID-19: What to do if you or your friend think you have it (a step-by-step guide)
1. Do not return to class or work, or participate in campus activities
2. Stay away from public areas
3. Separate yourself from others
4. Avoid sharing personal items
5. Clean high-touch surfaces daily with a household cleaning spray or wipe
6. Monitor your symptoms and if they develop or worsen then call Rice Health Services at (713) 348-4966 before seeking in-person care
7. Harris County Nursing has a 24/7 hotline at (713) 634-1110
8. Virtual healthcare visits are available; see the Rice Health Center website (health.rice.edu) for more information
9. Check emergency.rice.edu for more information

COVID-19: Symptoms
● Fever
● Cough
● Sore throat in some people
● Difficulty breathing that can be severe enough to cause people to seek hospital care

COVID-19: Resources
● Testing: Houston Health Department
● Rice Health Services: 713-348-4966
● Harris County Nurse: 713-634-1110
● Public health info at the Center for Disease Control
● Rice specific information at emergency.rice.edu